



Holy Cross Catholic Parish

Vision Statement

Holy Cross Parish strives to be a welcoming, dynamic, vibrant, and inclusive Catholic community that gathers in unity and reaches out to attend to the needs of others.

SUNDAY August 5, 2018 Eighteenth Sunday In Ordinary Time

Reflections from the Gospel Gals

The crowd in today's Gospel was hungry! Imagine them seeking out Jesus when they found that he was no longer on the Mount where he had fed them abundantly – to the point of hopping in a boat and making their way across the sea to Capernaum. There must have been a great attraction for them to get to Jesus because presumably they could have dropped a fishing line and been able to fulfill their own physical hunger along the way. Their mountaintop experience had held some intrigue – this Jesus had divided loaves and fishes and fed so many people! They needed more from him.

Jesus understands this and begins to teach them. We hear his introductory words. “Don't work for food that perishes but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.” Their reply? “What must we do to perform the works of God?”

Jesus' reply? “This is the work of God, that you **believe** in him whom he has sent.”

This is the beginning of the Bread of Life discourse that we will be hearing from John's Gospel for the next several weeks. “I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst.” The people in the crowd were baffled.

How about us? Are we baffled too? What is in our boat with us? Are we hungry and looking for something to fill our hunger? Maybe possessions or activities. It may even be what we consider to be good works. What is important for us to realize is that it is not about things or works. It is about belief. God has given us his Son in the Sacrament of the Eucharist. This is not a one-time gift – it is meant to be our Spiritual food. The Eucharist is a gift meant to sustain us in our relationships with each other and with God. Receiving the Eucharist worthily with a heart and a mind that embraces its truth and life-giving reality is what we are called to. The Eucharist is meant to be life changing, shaping us as if by a potter, bringing us closer to God and away from our own selfish desires.

The message for us is to take the bread, the bread that is Jesus, pure love itself, and become love.

As God gave manna to the Israelites in the desert, just what they needed at the time, He gives us His Son Jesus in the Eucharist, just what we need today to help us grow into the kind of people we are meant to be. But this is not a passive relationship. We are not to just 'receive'.

We, like the people who pursued Jesus, are called to believe in him whom God has sent. And what does that mean in our lives? We are called to deepen our relationship with God, to turn our thoughts to God in all of the decisions we make throughout the day, to emulate Jesus. Compassion and mercy should lead our way. And when we need rest we turn to our Father in prayer.

Blessings on your week,
Sheila Wall

OFFICE HOURS

Saturday, Sunday, Monday: Closed
Tuesday/Wednesday: 9am—2:30pm
Thursday/Friday: 9am—2:00pm

Fr. Karam Alraban, Parish Administrator

4049 Gordon Head Road Victoria, BC V8N 3X7
Phone: 250-477-5321 Fax: 250-721-1844
office@holycrossvictoria.org

RESPONSIBLE MINISTRY AND SAFE ENVIRONMENT—UPDATE

The Office of Responsible Ministry & Safe Environment is pleased to announce that Holy Cross Parish has been selected to pilot an exciting new online training program. This fall *all* clergy, religious, employees and volunteers in the Diocese will be required to complete the Armatus Learn To Protect program. Staff and volunteers will learn to protect children and vulnerable adults from abuse from an organization with decades of experience in organizational abuse prevention.

The organization for the Holy Cross Pilot has begun and more information can be provided through the parish office. Just call Valentina at 250-477-5321 if you want to learn more.

God Bless,
Greg Beattie
Diocesan Responsible Ministry & Safe Environment Coordinator

PARKING LOT PIZZA PARTY—UPDATE

Plans for the pizza party are well underway and the pizza has been ordered. We expect it will be cool so please come dressed appropriately.
Also, if it is possible please consider car pooling or walking to this event as parking in the church parking lot will be limited that day.



VOLUNTEERS NEEDED FOR PIZZA PARTY

We need 4-6 people to set up tables and chairs, volunteers need to be at the hall at 1pm Wednesday. And will be needed for approximately 1 hour. If you can help please let Anna or Trudy know.

DEVELOPMENT AND PEACE



August 9: Advocacy for Indigenous peoples is very important part of Development and Peace—Cartias Canada’s mission. Today, let us highlight the struggles of Indigenous communities here in Canada and around the world to have their cultural, territorial and environmental rights respected and for recognition of past crimes against their peoples.

FILM ABOUT POPE FRANCIS

Wim Wender’s film “Pope Francis: A Man of His Word” (96 mins., 2018) will be shown at the Uvic Cinecenta on Sunday August 19 (4:45 pm, 7 pm), and on Monday August 20 (7 pm, 9 pm).

ST. VINCENT DE PAUL—HOLY CROSS

With the help from your donations, we have been able to assist a second single mom at Rosalie’s Village. Please think of her family when you see your Green envelope.

Note: Valentina will be travelling to Switzerland with her family for the month of August, therefore Anna will be taking over all parish office duties and responsibilities during this time. See you in September my friends! I’ll bring home some chocolate, promise.

PRAYER REFLECTION

I long to understand in some degree thy truth, which my heart believes and loves. For I do not seek to understand that I may believe, but I believe in order to understand. —Anselm of Canterbury

Yes, the time has come for conversion, for personal transformation, for inner renewal. We must get used to thinking in a new way, of humanity, of common life among humans, of the roads of history and the destiny of the world. —Pope Paul VI (1897-1978)

AROUND THE PARISH AND DIOCESE

More information and details on bulletin board or parish office

- **A SPECIAL MASS:** this special mass is in honour of the dedicated work of those in Health Care. **Saturday, September 2nd, 2018 at 5pm** at St. Patrick's Catholic Church, 2060 Haultain Street Victoria BC. A reception will follow in the parish hall. *All are welcome to attend!!*
- **ALPHA!:** Know of a neighbour, friend or lapsed Catholic who is curious about faith or wants to learn about the big questions of life? Invite them to Alpha! Alpha is a place where faith is explored in an open and non-judgmental atmosphere. All are welcome to join us each week – beginning Monday, September 17th at 6 pm in the Church basement – to explore these questions. Wherever you are at with faith you are welcome to join us. Please contact standrewscathedral@gmail.com for more information and to sign up.
- **DIOCESAN FAMILY CONFERENCE:** Families will gather together once again for a fun, faith filled weekend of fellowship, play and prayer time all set against a beautiful West Coast backdrop for 6th Annual Diocesan Family Conference. Join us! **August 23-26, 2018 at Nanoose Bay Camp.** For registration follow the link: <https://www.eventbrite.com/e/6th-diocesanfamily-conference-august-2018-tickets-44556665185?aff=es2>. For info email Reine at: familycamp@redvictoria.org or visit www.rcdvictoria.org
- **FEAST OF ST. CLARE:** You are invited to join the Franciscan Poor Clares in celebrating the Feast of St. Clare on Saturday August 11, 2018. Bishop Gary Gordon will be the celebrant at the outdoor mass which will be at 10a.m. Following the Eucharist, light refreshments will be served. It will be held at St. Clare's Monastery, 2359 Calais Rd. Duncan.

OUR LITURGICAL LIFE:

SUNDAY, August 5th

8:30 am Mass: **Angela Murphy +**
10:30 am Mass **Hilary Ribeiro +**

MONDAY, August 6th

No Mass

TUESDAY, August 7th

9:00 am Mass: **Sid Joss +**

WEDNESDAY, August 8th

9:00 am Mass: **Souls In Purgatory**

THURSDAY, August 9th

9:00 am Mass: **Larry McIntyre +**

FRIDAY, August 10th

9:00 am Mass: **Mark Zamorski (int)**

SATURDAY, August 11th

5:00pm Mass: **Trixie Kramer +**

SUNDAY, August 12th

8:30 am Mass: **Jose Garcia +**
10:30 am Mass **Hilary Ribeiro +**

THANK YOU CORNER!

Thank you to the group of volunteer folders who come in week in and week out to fold nearly 300 bulletins a week plus inserts, and often funeral programs. Your gift of time and patience makes a world of difference in the parish office. Thank you.

Summer is a fun time to relax, travel, and enjoy the good weather. Fr. Karam and the staff pray that you have a safe and happy summer holiday. Remember to be safe in your travels, wear lots of sun screen and drink enough water!

PASTORAL CARE VISITS WHILE IN HOSPITAL

If you or someone you love is admitted to hospital and would like a visit from your pastor or Eucharistic Minister, please call your parish office or VGH/RJ hospital emergency pager **250-889-3761** and ask for **Fr. Ian Stuart** to make this request.

CONTACTS

Administrator: Fr. Karam Alraban

250-477-5321 rev.karam@gmail.com

250-294-9615 after hours

Hospital Chaplain: Fr. Ian Stuart

250-889-3761

Pastoral Assistant: Anna Mendonca

250-477-5321 pastoralassistant@holycrossvictoria.org

Administrative Assistant: Valentina Boyd

250-477-5321 office@holycrossvictoria.org

Parish Council: Esther Sangster-Gormley

egorm@uvic.ca

University Chaplain: Fr. Dean Henderson

250-721-8339 (office) 250-882-2151 (cell)

catholic@uvic.ca

HOLY CROSS MINISTRIES

| MINISTRY | COORDINATOR | PHONE |
|---------------------------------|------------------------------------|------------------------------|
| Liturgy Liturgical Ministers | Anna Mendonca | 250-477-3552 |
| Usher / Greeter | Maria Arruda | 250-477-5526 |
| Altar Server Music | Fr. William Hann Various Choirs | 250-477-5321 250-477-5321 |
| Altar Linens | Marg McDonnell | 250-477-6332 |
| Flowers/Art Envir. | Ann Francis | 250-477-8650 |
| Sun. Coffee, 8:30 | Darlene Southwell | 250-477-5738 |
| Sun. Coffee, 10:30 | Yvonne Hsieh | 250-385-8322 |
| Bulletin Folders | Vicki Ponsioen | 250-383-0654 |
| Sacramental Wine | John Bartle-Clar | 250-995-1891 |

SERVING OUR HOLY CROSS PARISH COMMUNITY

| | | |
|---------------------|--------------------------------|------------------------------|
| Responsible Min. | Martha Oleson Janita McHugh | 250-477-6455 250-220-4778 |
| Parish Council | Esther Gormley | 250-360-0107 |
| Finance | David Begg | 250-658-0870 |
| Maintenance/Bldg. | Ed Boomars | 250-881-8124 |
| Cleaning Kitchens | Loretta MacDonald | 250-477-6682 |
| Annual Shed Clean | Jack Ponsioen | 250-383-0654 |
| Parish Grounds | Joe Mendonca | 250-888-8930 |
| Social/Comm. Life | | |
| Baptism Prep. | Anna Mendonca | 250-477-5321 |
| Marriage Prep. | Fr. William Hann | 250-477-5321 |
| Mom's/Tots | Partnership with St. Patrick's | |
| Children's Rel. Ed. | Giacinta Bewley | 250-652-0204 |



holy cross church garden head rd. victoria, b.c.

COLLECTION July 29 2018

WE ARE GRATEFUL FOR THESE GIFTS:

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|-----------------------------|---------------------|
| Envelopes | \$ 4, 890.00 |
| Loose | \$ 300.00 |
| Pre-Authorized Debit | \$ 1, 107.00 |
| TOTAL | \$ 6, 297.00 |

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| Children's Liturgy of the Word | Bobbi Bartle-Clar/ Valentina Boyd | 250-995-1891 250-813-0230 |
| Catholicism | Fr. Karam Alraban | 250-477-5321 |
| Library | George Murphy | 250-658-6061 |
| Outreach/Visiting | Anna Mendonca | 250-477-3552 |
| Bereavement / Funeral / Follow-Up | Fr. William Hann | 250-477-5321 |
| Funeral Reception | Barb McKrow | 250-477-8322 |

SERVING COMMUNITIES BEYOND OUR DOORS

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|---|-------------------------------------|------------------------------|
| Diocesan Appeal | Ed Chwyl | |
| Franciscans and Friends Youth | Maritza Chouza | 778-533-1736 |
| Could You Ever Come Back To The Church | Fr. William Hann Glenn Palahicky | 250-477-5321 250-479-1331 |
| RCIA | Phil / Sheila Wall | 250-385-7007 |
| RCIC | Dan Taft Jr. | 250-721-0821 |
| Ecumenism | Terry Marner | 250-380-0157 |
| Social & Eco. Justice | Yvonne Hsieh | 250-385-8322 |
| Anawim | Parish Office | 250-477-5321 |
| Christmas Project | Coordinated by the Parish Office | |
| D&P/Share Lent | Sheila Wall | 250-385-7007 |
| Refugees | Trudy Holden | 250-472-1079 |
| St. Vincent De Paul | Martin Fletcher | 250-592-9297 |
| Univ/Camosun Bursaries | Tony Southwell | 250-477-5738 |
| Uvic/Camosun Out- reach | John Oleson | 250-477-6455 |