

# Holy Cross Catholic Parish

## Vision Statement

Holy Cross Parish strives to be a welcoming, dynamic, vibrant, and inclusive Catholic community that gathers in unity and reaches out to attend to the needs of others.

**SUNDAY July 29, 2018**  
**Seventeenth Sunday In Ordinary Time**

## Reflections from the Gospel Gals

Jesus knows our needs; he meets us in our needs and he has a plan. Often in the face of life's worries and struggles we rely on our own resources as we try to bring human solutions and to deal with a world seemingly 'gone crazy'.

Take today's gospel. Jesus and his disciples have gone to a quiet, beckoning mountainous region. It was in such settings that Jesus would teach his disciples or go to alone to pray. On this occasion, some 5,000 people have followed Jesus and his disciples because they have seen Jesus' miracles. It is Jesus who first notices the crowd and his heart is touched. He immediately knows their needs; he knows their spiritual hunger and he knows also their physical hunger.

When Jesus asks Philip how to feed the huge crowd, Philip sees the problem in human terms and answers as many of us would. I certainly would have been of Philip's way of thinking – 5,000 people to feed – no way – not even with the better part of a year's salary in your back pocket! Andrew says there's a boy there with "five barley loaves and two fish" *which he is willing to share*, but that won't go very far. The disciples see no answer save sending the people away to fend for themselves. Jesus, however, does not send anyone away, not ever, never. He feeds all who come to him and he transforms all, even the most meagre, into holiness.

Jesus, in the community of his disciples, asks them to have the people sit down and they sit comfortably. We too can sit among the people and in profound silence behold the sacred, as we behold it at every Sunday Liturgy; - *Jesus takes the bread in his hands, "when he had given thanks..."* everyone ate as much as they wanted. They were fed at their deepest level and the Messiah was revealed though the people did not apprehend this; they saw only the miracle of bread and fish. The thanks that Jesus gave was his public testament that his father would provide. He was sure of his father's hand.

Again the question - What is Jesus saying to me; what does he want me to know or to do? Jesus wants me to trust him as he trusted his father, with expectation and without reservation. Jesus wants us to allow him to enter into our living, to walk with us, to transform us. He wants us to know that he is with us in our most unimaginable, impossible struggles. And, when, in life, we see only one set of footprints, he wants us to know that he is carrying us. We will be transformed. God's unfathomable peace will be in us "for into his hands we will commend our spirit and into his hands we will commend our soul". Yet, that is not the end. Jesus wants us to look outward, past our own needs and be with others, minister to them and carry them when they cannot walk.

This week, let each of us take the unbearable heaviness of our heart into our hands, and, as Jesus did with the bread, give thanks, pray with God to God from the depths of our hope and assurance. In peace walk with Jesus in the company of those he sends to accompany us. Then let us go to the one who needs our gentle touch, the warmth of our voice, the help of our actions, the openness of our heart and walk with that person; in doing so we may minister to angels.

Trusting,

Trudy Holden

## OFFICE HOURS

Saturday, Sunday, Monday: Closed  
Tuesday/Wednesday: 9am—2:30pm  
Thursday/Friday: 9am—2:00pm

Fr. Karam Alraban, Parish Administrator

4049 Gordon Head Road Victoria, BC V8N 3X7  
Phone: 250-477-5321 Fax: 250-721-1844  
office@holycrossvictoria.org

### **RESPONSIBLE MINISTRY AND SAFE ENVIRONMENT—UPDATE**

The Office of Responsible Ministry & Safe Environment is pleased to announce that Holy Cross Parish has been selected to pilot an exciting new online training program. This fall *all* clergy, religious, employees and volunteers in the Diocese will be required to complete the Armatus Learn To Protect program. Staff and volunteers will learn to protect children and vulnerable adults from abuse from an organization with decades of experience in organizational abuse prevention.

The organization for the Holy Cross Pilot has begun and more information can be provided through the parish office. Just call Valentina at 250-477-5321 if you want to learn more.

God Bless,  
Greg Beattie  
Diocesan Responsible Ministry & Safe Environment Coordinator

### **PARKING LOT PIZZA PARTY!**

The Pizza Party is SOLD OUT. Thank you to all those who purchased tickets. The event will be on Wednesday August 8th at 5pm in the church parking lot. Please bring your tickets to the event. Please also come prepared for the sunshine (hats and sunscreen!) We look forward to an evening of good fun with good people!



### **DEVELOPMENT AND PEACE**



July 26th: World Youth Day. At Development and Peace—Caritas Canada, we have a very active youth movement that raises awareness and mobilizes young adults from across the country for international solidarity. They also elect national representatives who bring new energy and ideas to our movement and allow us to cultivate the next generation of members across the country. On World Youth Day, we want to thank all those involved in our youth movement for their time and dedication, and for helping us build a better world well into the future!

### **IN THE LIBRARY**

Three remarkable authors interpret our earthly-divine existence : Fathers Richard Rohr, Ronald Rolheiser and James Martin. They provide short weekly or daily reflections. Their websites are worth a visit and a sampling of their books are on our Suggestion Shelf

- Rohr <https://cac.org/category/daily-meditations/>
- Rolheiser <http://ronrolheiser.com/contact/>
- Martin <https://examen.libsyn.com/> (guides us in asking about how we spent our day)

### **PASTORAL CARE VISITS WHILE IN HOSPITAL**

If you or someone you love is admitted to hospital and would like a visit from your pastor or Eucharistic Minister, please call your parish office or VGH/RJ hospital emergency pager **250-889-3761** and ask for **Fr. Ian Stuart** to make this request.

### **PRAYER REFLECTION**

You cause the grass to grow for the cattle, and plants for people to use, to bring forth food from the earth, and wine to gladden the human heart, oil to make the face shine, and bread to strengthen the human heart.  
—Psalm 104:14-15

Bread plays so many roles! We have learned to recognize, in it, an instrument of the human community, because of the bread we break together. . . . We have learned to recognize, in it, the essential vehicle of pity, because of the bread we distribute in times of want.

—Antoine de Saint-Exupéry

### **AROUND THE PARISH AND DIOCESE**

More information and details on bulletin board or parish office

- **A SPECIAL MASS:** this special mass is in honour of the dedicated work of those in Health Care. **Saturday, September 2nd, 2018 at 5pm** at St. Patrick's Catholic Church, 2060 Haultain Street Victoria BC. A reception will follow in the parish hall. *All are welcome to attend!!*
- **ALPHA!:** Know of a neighbour, friend or lapsed Catholic who is curious about faith or wants to learn about the big questions of life? Invite them to Alpha! Alpha is a place where faith is explored in an open and non-judgmental atmosphere. All are welcome to join us each week – beginning Monday, September 17th at 6 pm in the Church basement – to explore these questions. Wherever you are at with faith you are welcome to join us. Please contact [standrewscathedral@gmail.com](mailto:standrewscathedral@gmail.com) for more information and to sign up.
- **DIOCESAN FAMILY CONFERENCE:** Families will gather together once again for a fun, faith filled weekend of fellowship, play and prayer time all set against a beautiful West Coast backdrop for 6<sup>th</sup> Annual Diocesan Family Conference. Join us! **August 23-26, 2018 at Nanoose Bay Camp.** For registration follow the link: <https://www.eventbrite.com/e/6th-diocesanfamily-conference-august-2018-tickets-44556665185?aff=es2>. For info email Reine at: [familycamp@redvictoria.org](mailto:familycamp@redvictoria.org) or visit [www.rcdvictoria.org](http://www.rcdvictoria.org)
- **FEAST OF ST. CLARE:** You are invited to join the Franciscan Poor Clares in celebrating the Feast of St. Clare on Saturday August 11, 2018. Bishop Gary Gordon will be the celebrant at the outdoor mass which will be at 10a.m. Following the Eucharist, light refreshments will be served. It will be held at St. Clare's Monastery, 2359 Calais Rd. Duncan.
- **JOB OPPORTUNITY:** Island Catholic Schools will be accepting applications for the following position: Director of Development, St. Andrew's Regional High School, Victoria. Application forms and details are posted at: <http://cisdv.bc.ca/employment-opportunities.php>

### **OUR LITURGICAL LIFE:**

#### **SUNDAY, July 29th**

8:30 am Mass: **Sid Joss +**  
10:30 am Mass **Dan Taft +**

#### **MONDAY, July 30th**

No Mass

#### **TUESDAY, July 31st**

9:00 am Mass: **Sid Joss +**

#### **WEDNESDAY, August 1st**

9:00 am Mass: **Victor Gim +**

#### **THURSDAY, August 2nd**

9:00 am Mass: **Victor Gim +**

#### **FRIDAY, August 3rd**

9:00 am Mass: **Victor Gim +**

#### **SATURDAY, August 4th**

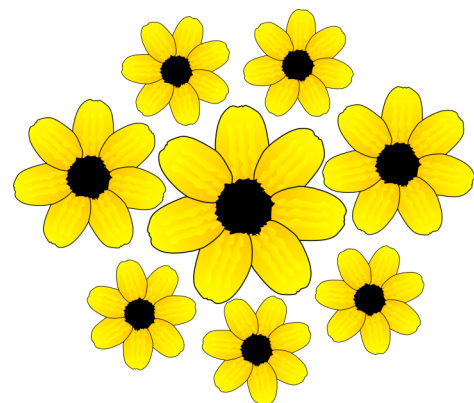
5:00pm Mass: **Sid Joss +**

#### **SUNDAY, August 5th**

8:30 am Mass: **Angela Murphy +**  
10:30 am Mass **Hilary Ribeiro +**

## **THANK YOU CORNER!**

To all who walk with the bereaved, the isolated, the lonely and who reach our with loving hands and hearts to others. You need to know you are bread blessed, broken and served and are Eucharistic communion to all.



## CONTACTS

### **Administrator: Fr. Karam Alraban**

250-477-5321 rev.karam@gmail.com

250-294-9615 after hours

### **Hospital Chaplain: Fr. Ian Stuart**

250-889-3761

### **Pastoral Assistant: Anna Mendonca**

250-477-5321 pastoralassistant@holycrossvictoria.org

### **Administrative Assistant: Valentina Boyd**

250-477-5321 office@holycrossvictoria.org

### **Parish Council: Esther Sangster-Gormley**

egorm@uvic.ca

### **University Chaplain: Fr. Dean Henderson**

250-721-8339 (office) 250-882-2151 (cell)

catholic@uvic.ca

## HOLY CROSS MINISTRIES

<b>MINISTRY</b>	<b>COORDINATOR</b>	<b>PHONE</b>
Liturgy Liturgical Ministers	Anna Mendonca	250-477-3552
Usher / Greeter	Maria Arruda	250-477-5526
Altar Server Music	Fr. William Hann Various Choirs	250-477-5321 250-477-5321
Altar Linens	Marg McDonnell	250-477-6332
Flowers/Art Envir.	Ann Francis	250-477-8650
Sun. Coffee, 8:30	Darlene Southwell	250-477-5738
Sun. Coffee, 10:30	Yvonne Hsieh	250-385-8322
Bulletin Folders	Vicki Ponsioen	250-383-0654
Sacramental Wine	John Bartle-Clar	250-995-1891

## SERVING OUR HOLY CROSS PARISH COMMUNITY

Responsible Min.	Martha Oleson Janita McHugh	250-477-6455 250-220-4778
Parish Council	Esther Gormley	250-360-0107
Finance	David Begg	250-658-0870
Maintenance/Bldg.	Ed Boomars	250-881-8124
Cleaning Kitchens	Loretta MacDonald	250-477-6682
Annual Shed Clean	Jack Ponsioen	250-383-0654
Parish Grounds	Joe Mendonca	250-888-8930
Social/Comm. Life		
Baptism Prep.	Anna Mendonca	250-477-5321
Marriage Prep.	Fr. William Hann	250-477-5321
Mom's/Tots	Partnership with St. Patrick's	
Children's Rel. Ed.	Giacinta Bewley	250-652-0204



holy cross church garden head rd. victoria, b.c.

## COLLECTION July 22nd, 2018

### **WE ARE GRATEFUL FOR THESE GIFTS:**

<b>Envelopes</b>	\$ 2,165.00
<b>Loose</b>	\$ 337.00
<b>Pre-Authorized Debit</b>	\$ 1,107.00
<b>TOTAL</b>	<b>\$ 3,609.00</b>

Children's Liturgy of the Word	Bobbi Bartle-Clar/ Valentina Boyd	250-995-1891 250-813-0230
Catholicism	Fr. Karam Alraban	250-477-5321
Library	George Murphy	250-658-6061
Outreach/Visiting	Anna Mendonca	250-477-3552
Bereavement / Funeral / Follow-Up	Fr. William Hann	250-477-5321
Funeral Reception	Barb McKrow	250-477-8322

## SERVING COMMUNITIES BEYOND OUR DOORS

Diocesan Appeal	Ed Chwyl	
Franciscans and Friends Youth	Maritza Chouza	778-533-1736
Could You Ever Come Back To The Church	Fr. William Hann Glenn Palahicky	250-477-5321 250-479-1331
RCIA	Phil / Sheila Wall	250-385-7007
RCIC	Dan Taft Jr.	250-721-0821
Ecumenism	Terry Marner	250-380-0157
Social & Eco. Justice	Yvonne Hsieh	250-385-8322
Anawim	Parish Office	250-477-5321
Christmas Project	Coordinated by the Parish Office	
D&P/Share Lent	Sheila Wall	250-385-7007
Refugees	Trudy Holden	250-472-1079
St. Vincent De Paul	Martin Fletcher	250-592-9297
Univ/Camosun Bursaries	Tony Southwell	250-477-5738
Uvic/Camosun Out- reach	John Oleson	250-477-6455