



Holy Cross Catholic Parish

Vision Statement

Holy Cross Parish strives to be a welcoming, dynamic, vibrant, and inclusive Catholic community that gathers in unity and reaches out to attend to the needs of others.

SUNDAY November 4th, 2018
Thirty-First Sunday In Ordinary Time

Reflections from the Gospel Gals

Jesus teaches that the first and second commandments are the greatest and here are his powerful words;

“The first is, “Hear, O Israel: the Lord our God, the Lord is one; you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength. “

“The second is this, ‘You shall love your neighbour as yourself.’ There is no other commandment greater than these.”

Our Christian religion gives us a solid foundation with the Ten Commandments. These first two are the greatest with all others remaining an expression of them. Simply, we are to live our lives by:

1. Love of God 2. Love of neighbour

How do we love God? My father would remind us to live each day... knowing, loving and serving the Lord our God. Loving God is a manifestation of our faith. He created us and loves us. Many saints say that the love of God centers on developing a personal, loving relationship with Jesus. We can express our love with simple prayers of adoration, thanking and being grateful for all God has done and for all God is doing for us. Our modern day Saint Faustina wrote “...one thing alone is necessary; that the sinner set ajar the door of his heart, be it ever so little, to let in a ray of God’s merciful grace, and then God will do the rest.” (No. 1507)

How do we love our neighbour? True love is not theoretical but pragmatic...meaning to deal with things sensibly and realistically. As my friend says, “It means doing some good for somebody.” Our neighbours come from different backgrounds and ages, they bring countless gifts, burdens, needs and hopes. We don’t have to take on the whole world. Just do one small act of kindness at a time. We can offer a simple smile, acceptance, encouragement, a few kind words. Guided by the Holy Spirit, we may never realize the far-reaching consequences. Many, many people in our parish freely give of themselves with ideas, counsel, friendship, support and faith that help others in their journey. We may touch a life lovingly and then perhaps the ripple effect of God’s goodness will be shared and spread.

We have just celebrated All Souls Day that apparently has been also named the Act of Kindness Day. It is wonderful to emphasize the love of our neighbour, as we try to catch the moments to ‘pass it along.’ On our journey, of this earthly Kingdom of God, perhaps we see God a little more clearly and our hearts are moved to follow him a little more closely. Loving him with our service and respect and adoration, we too have received God’s graces and divine mercy. We have believed and decided to follow Jesus. Our loving God reveals himself to all with his goodness and faithfulness, and thus our hearts lift up to God’s Heavenly Kingdom.

My Lord and my God, pray for us.

Marian Duke

OFFICE HOURS

Saturday, Sunday, Monday: Closed
Tuesday/Wednesday: 9am—2:30pm
Thursday/Friday: 9am—2:00pm

Fr. Karam Alraban, Parish Administrator

4049 Gordon Head Road Victoria, BC V8N 3X7
Phone: 250-477-5321 Fax: 250-721-1844
office@holycrossvictoria.org
www.holycrossvictoria.org

PASTORAL CARE VISITS WHILE IN HOSPITAL

If you or someone you love is admitted to hospital and would like a visit from your pastor or Eucharistic Minister, please call your parish office or VGH/RJ hospital emergency pager **250-889-3761**.

REMEMBRANCE DAY MASS

The **Remembrance Day** mass will be held on **Monday, November 12th at 7pm**.

COME TOGETHER WITH OUR BROTHERS AND SISTERS IN CHRIST

We invite you to join us for this wonderful opportunity to participate in the Ecumenical mini-retreats. Four consecutive Saturdays in November from 9:30 am– 12 Noon.

Nov. 10 – Knox Presbyterian Church; Rev. Laura Kavanagh “A buffet of Spiritual Practice.” How do we satisfy our Spiritual Hunger?

Nov. 17 – Lutheran Church of the Cross; Nathan McDonald and Brian Wismath “Singing together; a song for everyone.”

Nov. 24 – St. Luke Anglican Church; Leslie Flynn “A Reflection on Homelessness”
Sign up sheets are in the foyer.

UNIVERSITY DINNERS—VOLUNTEERS NEEDED

Please note the sign-up sheet in the foyer for volunteers to provide a dish for the Holy Cross monthly supper for UVic Catholic students. The supper takes place at 5:00 pm on Sunday November 18th. The food can be dropped off between 4:00 and 4:30 pm. Many thanks for your help with this outreach! John Oleson.

NEITHER WOLF NOR DOG

This movie adaptation of the award winning Native American novel will be playing at Cinecenta Theatre on November 13th at 7pm and 9:10pm. All are encouraged to go see this thought provoking film. More information is on the movie poster in the church foyer and parish office.

HOLY CROSS MOVIE CLUB

Do you enjoy watching movies? Would you like to meet with others from time to time on a regular basis to discuss movies you have seen together? If there is sufficient interest a parish movie club can be organised. Please indicate your interest by signing up on the sign up sheets provided in the foyer. Further details will be announced.

IN THE LIBRARY

(Library is open Tuesday to Friday from 9am-2pm)

A potpourri of great reading --- books most often signed out.

-**Mere Christianity** by C S Lewis (famed popularly for the Chronicles of Narnia). On Right and Wrong, the meaning of the universe, belief & behaviour. Lewis, ranking with Chesterton as a great apologist for Christianity.

-**Becoming Human** by Jean Vanier; the founder of l'Arche reminds us of what the “examined life” means.

-**A Daughter's Love** by John Guy, a foremost British historian tells us how Thomas More's daughter, Meg, bravely supported him during his imprisonment and eventual execution by Henry VIII.

-**In the Steps of St. Paul** by H V Morton (in 1934-35 with Paul's letters in hand): the paths taken, and the villages and cities visited --- Corinth, Athens, Antioch, Ephesus, Jerusalem etc. --- barely thirty lifetimes ago. A remarkable travelogue, by a famous travel writer.

-**Cities of God** by Rodney Stark tells us, and with evidence, how Christianity became an urban movement and conquered Rome within three centuries. How and why did Christianity spread so quickly.

PRAYER REFLECTION

The central mantra of the Jewish people is “Hear, O Israel.” Listen. The command implies that still one can hear, that the revelation is still happening.
—Michael Lerner, Jewish Renewal

Where there is love and wisdom, there is neither fear nor ignorance.
—Saint Francis of Assisi

AROUND THE PARISH AND DIOCESE

More information and details on bulletin board or parish office

- **ANNUAL DIOCESAN CONFERENCE:** “By His Wounds We Are Healed” Sr. Nuala Kenny SC, OC, BA, MD, FRCP(C) In light of the clergy sexual abuse, Sr. Nuala Kenny SC reminds us that we are called to be agents of healing. The conference will begin with Mass at 8:45am on **Sat., Nov. 24, 2018** at St. Edward the Confessor Parish, Duncan. To register, and for more information go to: <http://www.rcdvictoria.org>.
- **WOMEN’S BREAKFAST:** Women of Faith and Fellowship Breakfast: Saturday Nov. 10th. Guest speaker: Bev Pulyk, Superintendent of Island Catholic Schools. Topic: Youth Challenges: Yesterday-Today. For more info or to register: <http://bit.do/Womens-Breakfast>
- **DIOCESAN MASS FOR REMEMBRANCE:** A Diocesan Mass, with Bishop Gary Gordon presiding, will be celebrated at the Cathedral on Thurs., Nov. 15th at 12 noon for all deceased priests, bishops and religious of the diocese. A reception will follow. Kindly remember in your prayers those who have laboured for the Church in the Diocese of Victoria and pray that the Lord will send dedicated men and women to continue their work.
- **MNT. ST. MARY’S CHRISTMAS MARKET:** Nov. 17th 9:30am-2:30pm. 861 Fairfield Rd. Free!! Local vendors, bake sale, white elephant table, entertainment and food! More info on bulletin board.
- **PILGRIMAGE TO ITALY:** Join Fr. Stephen Paine on a 13 day pilgrimage to Italy. Scheduled Departure: **May 5, 2019** For more information, call: Priscilla at Sampaguita Travel Tel. 1 888 874-9533 Ext. 105 or Email: tours@sampaguitatravel.com

STAY HEALTHY!

- ⇒ **Wash your hands**
- ⇒ **Cover your cough**
- ⇒ **Stay home if you feel sick!!**



Hand sanitization stations are located at all entrances. Please use them and help keep our community healthy!

OUR LITURGICAL LIFE:

SUNDAY, November 4th

8:30 am Mass: **Kenneth Perera +**
10:30 am Mass: **Stan Prince +**
4:00 pm Mass

MONDAY, November 5th

No Mass

TUESDAY, November 6th

Mo Mass

WEDNESDAY, November 7th

Mo Mass

THURSDAY, November 8th

9:00 am Mass: **Tony Wall +**

FRIDAY, November 9th

9:00 am Mass: **Alex Carvalho +**

SATURDAY, November 10th

3:45pm to 4:30pm Reconciliation

5:00pm Mass: **Michele Pozzolo +**

SUNDAY, November 11th

8:30 am Mass: **Intentions for the family of Alfred Simas**

10:30 am Mass: **Maria Mendonca +**
4:00 pm Mass

THANK YOU CORNER!

Anawim House would like to thank those of you who have given food and clothing donations over the last several weeks. We are most grateful for your generosity.

SOCIAL LIFE AT HOLY CROSS

Joint Wellness—Monday and Thursday 10am

Wednesday Social group—1-3pm: cards, tea and cookies!

Duplicate Bridge—Wednesday 7pm.

Social Bridge—First Sunday of every month. Starting November 4.

The bi-annual Kitchen Clean-Up Crew needs more volunteers. They clean twice a year in fall and in spring. If you are interested please call Loretta Macdonald: **250-477-6682**

CONTACTS

Administrator: Fr. Karam Alraban

250-477-5321 rev.karam@gmail.com

250-294-9615 after hours

Hospital Chaplain: Fr. Ian Stuart

250-889-3761

Pastoral Assistant: Anna Mendonca

250-477-5321 pastoralassistant@holycrossvictoria.org

Administrative Assistant: Valentina Boyd

250-477-5321 office@holycrossvictoria.org

Parish Council: Esther Sangster-Gormley

egorm@uvic.ca

University Chaplain: Fr. Dean Henderson

250-721-8339 (office) 250-882-2151 (cell)

catholic@uvic.ca

HOLY CROSS MINISTRIES

MINISTRY	COORDINATOR	PHONE
Liturgy	Anna Mendonca	250-477-3552
Liturgical Ministries:		
Usher / Greeter	Maria Arruda	250-477-5526
Altar Server	Fr. William Hann	250-477-5321
Music	Various Choirs	250-477-5321
Altar Linens	Marg McDonnell	250-477-6332
Flowers/Art Envir.	Ann Francis	250-477-8650
Sun. Coffee, 8:30	Darlene Southwell	250-477-5738
Sun. Coffee, 10:30	Yvonne Hsieh	250-385-8322
Bulletin Folders	Vicki Ponsioen	250-383-0654
Sacramental Wine	John Bartle-Clar	250-995-1891

SERVING OUR HOLY CROSS PARISH COMMUNITY

Responsible Min.	Martha Oleson	250-477-6455
	Janita McHugh	250-220-4778
Parish Council	Esther Gormley	250-360-0107
Finance	David Begg	250-658-0870
Maintenance/Bldg.	Ed Boomars	250-881-8124
Cleaning Kitchens	Loretta Macdonald	250-477-6682
Annual Shed Clean	Jack Ponsioen	250-383-0654
Parish Grounds	Joe Mendonca	250-888-8930
Social/Comm. Life		
Baptism Prep.	Anna Mendonca	250-477-5321
Marriage Prep.	Fr. William Hann	250-477-5321
Mom's/Tots	Partnership with St. Patrick's	
Children's Rel. Ed.	Giacinta Bewley	250-652-0204



holy cross church garden head rd. victoria, b.c.

COLLECTION October 28, 2018

WE ARE GRATEFUL FOR THESE GIFTS:

Envelopes	\$ 2,754.70
Loose	\$ 640.00
Pre-Authorized Debit	\$ 1,107.00
TOTAL	\$ 4,501.70



Children's Liturgy of the Word	Bobbi Bartle-Clar/ Valentina Boyd	250-995-1891 250-813-0230
Catholicism	Fr. Karam Alraban	250-477-5321
Library	George Murphy	250-658-6061
Outreach/Visiting	Anna Mendonca	250-477-3552
Bereavement / Funeral / Follow-Up	Fr. William Hann	250-477-5321
Funeral Reception	Barb McKrow	250-477-8322

SERVING COMMUNITIES BEYOND OUR DOORS

Diocesan Appeal	Ed Chwyl	
Franciscans and Friends Youth	Maritza Chouza	778-533-1736
Could You Ever Come Back To The Church	Fr. William Hann Glenn Palahicky	250-477-5321 250-479-1331
RCIA	Phil / Sheila Wall	250-385-7007
RCIC	Dan Taft Jr.	250-721-0821
Ecumenism	Terry Marner	250-380-0157
Social & Eco. Justice	Yvonne Hsieh	250-385-8322
Anawim	Parish Office	250-477-5321
Christmas Project	Coordinated by the Parish Office	
D&P/Share Lent		
Refugees	Trudy Holden	250-472-1079
St. Vincent De Paul	Martin Fletcher	250-592-9297
Univ/Camosun Bursaries	Tony Southwell	250-477-5738
Uvic/Camosun Outreach	John Oleson	250-477-6455